

Milton High School Band Trip 2020



GENERAL TRIP MEETING

Tuesday, March 3, 2020



What Can You Expect?

Long bus rides

Lots of walking...and lots of stairs!

Tired / Exhaustion — *"This ain't Vacation!"*

Seeing lots of cool sights — *"Been there...seen that!"*

Lots of fun and laughs!

Great memories!

One of the most rewarding trips of your life!!!

It's all in your ATTITUDE! Be flexible! Past experiences...



Meet Our Tour Director – Lisa Scalzo

- Experience in the group travel industry for 9 years.
- Taken groups from 25 to 1,200 students!!!
- From Northern Virginia.
- Three sons, one daughter, and four grandchildren.
- She'll meet us in Washington DC and stay with us until we depart New York City.

Not a School-Board Approved Trip / Outside of School District Guidelines

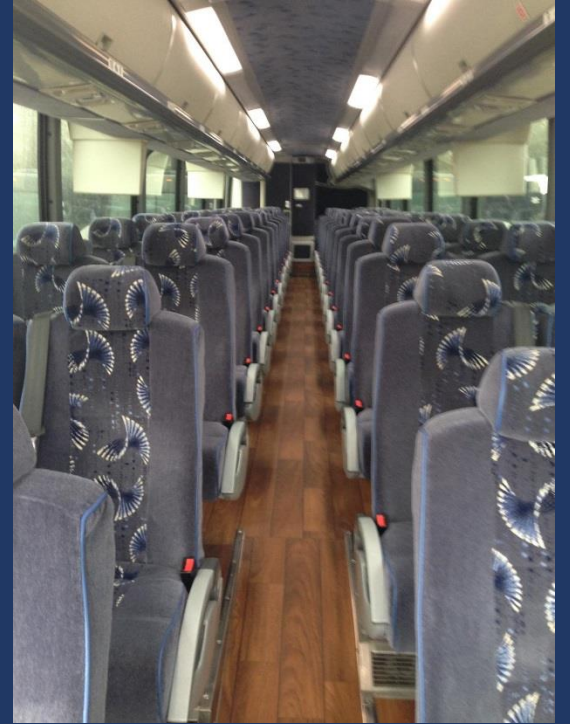
- Trip isn't an official School Function OR School-Board Approved Trip.
- Discussion with Director of High Schools.
- Payments & Planning by Group Travel Network / Follow their Guidelines & Policies.
- Pre-Arranged Absences for Students. *(to be completed by band directors)*

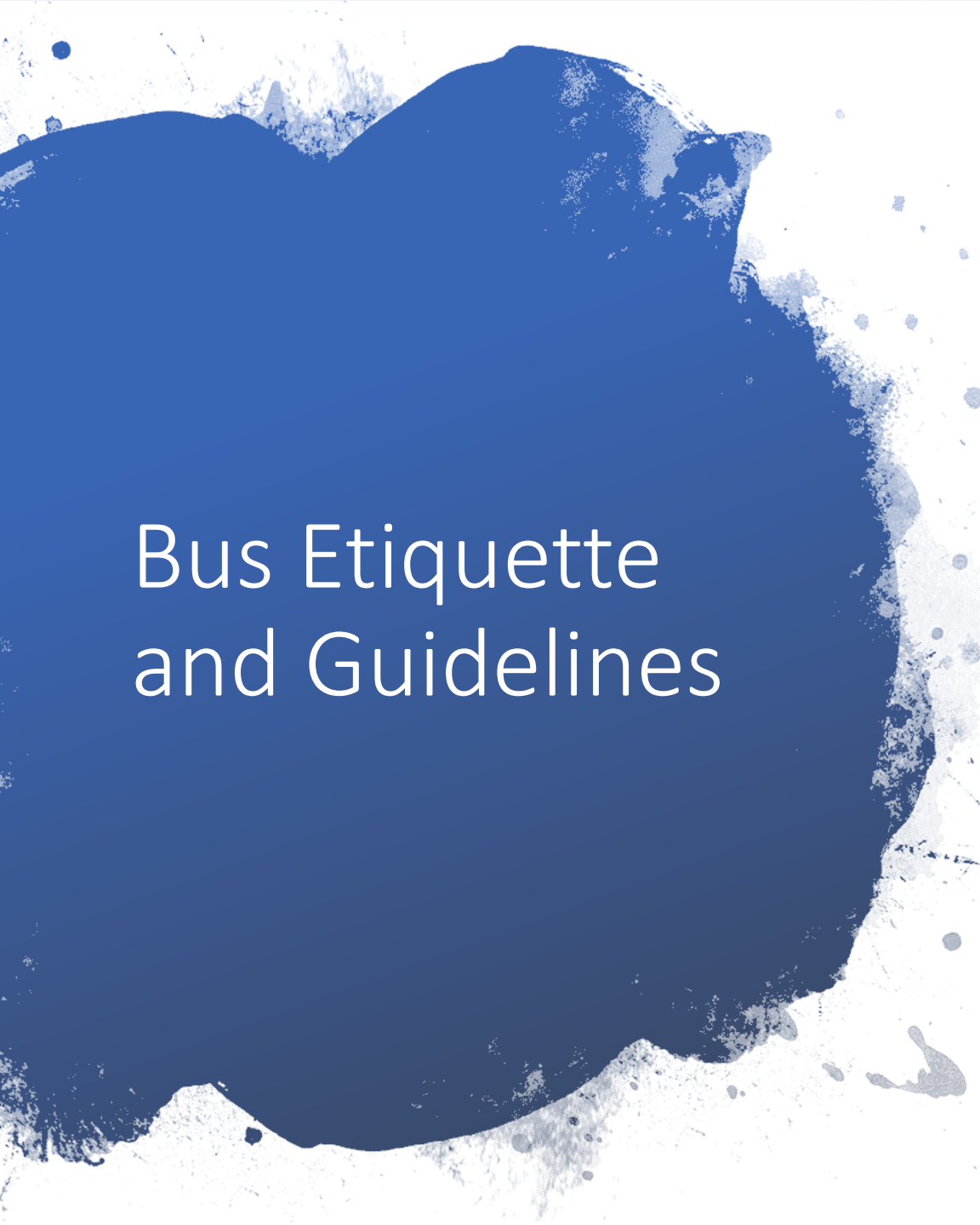
Coronavirus Concerns

- Closely monitoring information from the Center for Disease Control and Local Authorities.
- Communicate with you if anything changes.
- Recommendations from the CDC:
 - *Wash hands frequently with soap OR use alcohol-based hand sanitizers.*
 - *Cough and Sneeze into elbows or tissues...not hands!*
 - *Dispose of tissues immediately.*
 - *Limit touching your face and mouth.*
 - *Don't eat or drink after each other.*
 - *Avoid contact with anyone exhibiting cold-like symptoms.*
 - *Frequently clean surfaces that are regularly touched.*
 - *Talk to your children about their concerns.*

Charter Buses Information

- Gulf Coast Tours (*Mobile, AL*) - 2016 or newer!
- 56-passenger buses (*110 seats / 87 attendees*)
- Two Students per seat / One Adult per seat
- Blankets (*Buses are kept cold!*)
- Snacks & drinks
- Stops about every 3-4 hours
- Wi-Fi, Power Outlets, DirectTV, Movies, Restrooms
- Bus Assignments





Bus Etiquette and Guidelines

- Public Display of Affection
- Sleeping Arrangements
- Food & Drinks
- Trash & No Spills!!!
- Electronic Devices (*Use Headphones!*)
- Restrooms onboard for emergencies
- Be respectful of others / tiredness & weariness
- Quiet Time on Buses

A buffet line with various food stations including seafood, meats, and vegetables.

Restaurant Etiquette & Expectations

- Be Patient! _____
- Be Flexible!
- Be Polite & Appreciative!
- Be Considerate of Other Guests!
- Don't Waste Food!
- At Buffets, Order Your Drink & Wait For It!
- Leave Places Cleaner Than We Found Them!
- Strive for Compliments from Other Patrons!!!
TRADITION!

Meals Provided in Cost of Trip – Washington DC

Day 1

- Breakfast at Golden Corral in Gastonia, NC
- Pizza Dinner at Hotel
 - 3 slices per person + water

Day 2

- Breakfast at Hotel
 - *Scrambled Eggs, Bacon or Sausage, Fresh Muffins, Breakfast Pastries, Croissants, Fresh Melons, Seasonal Berries, Bananas, & Seasonal Fruit, Chilled Juices, Skim Milk, Coffee, Assorted Teas*
- Dinner Buffet at Chevy's Fresh Mex
 - *Beef, Chicken, Tortillas, Beans, Mexican Rice, Shredded Cheese, Lettuce, Sour Cream, Pico de Gallo, Vanilla Ice Cream, Soft Drinks, Coffee, Tea*

Day 3

- Breakfast at Hotel
 - *Scrambled Eggs, Bacon or Sausage, Fresh Muffins, Breakfast Pastries, Croissants, Fresh Melons, Seasonal Berries, Bananas, & Seasonal Fruit, Chilled Juices, Skim Milk, Coffee, Assorted Teas*
- Family-Style Dinner @ Bucca di Beppo
 - *Mixed Green Salad, Caesar Salad, Spaghetti Marinara, Fettuccine Alfredo, Chicken Parmigiana, Cheesecake, Soft Drinks, Coffee, Tea*

Day 4

- Breakfast at Hotel
 - *Scrambled Eggs, Bacon or Sausage, Fresh Muffins, Breakfast Pastries, Croissants, Fresh Melons, Seasonal Berries, Bananas, & Seasonal Fruit, Chilled Juices, Skim Milk, Coffee, Assorted Teas*
- Lunch Buffet @ Harriet's
 - *Tossed Green Salad, Cheeseburgers, Veggie Burgers, Mac n Cheese, French Fries, Chicken Tenders, Cookies, Soft Drinks*

Meals Provided in Cost of Trip – New York City

Day 5

- Breakfast at Hotel
 - *Eggs, Sausage or Bacon, Waffles, Cinnamon Buns, Bagels, Yogurts, Cereals, Juices, Skim Milk, Coffee, Tea*
- Dinner at Hard Rock Café
 - *Choices: Burger w/fries; Veggie Burger w/fries; Pulled Pork Sandwich w/fries; Twisted Mac & Cheese with Grilled Chicken; Chicken Tenders w/fries; Chicken Caesar Salad*

Day 6

- Breakfast at Hotel
 - *Eggs, Sausage or Bacon, Waffles, Cinnamon Buns, Bagels, Yogurts, Cereals, Juices, Skim Milk, Coffee, Tea*
- Cast Party Dinner at Rowland's
 - *Cheeseburger Meal OR Pasta Meal (already ordered)*

Day 7

- Breakfast at Hotel
 - *Eggs, Sausage or Bacon, Waffles, Cinnamon Buns, Bagels, Yogurts, Cereals, Juices, Skim Milk, Coffee, Tea*

Day 8

- Breakfast at Hotel
 - *Eggs, Sausage or Bacon, Waffles, Cinnamon Buns, Bagels, Yogurts, Cereals, Juices, Skim Milk, Coffee, Tea*

Meals Not Provided – Washington DC

DAY 1

Lunch at Chesterfield Towne Center Mall

Food Options:

Auntie Annie's, Basil Thai Kitchen, Carabba's, Casa Del Barco, Chik-Fil-A, China Max, Cina-Monster, Five Guys, Great Punjab, Honolulu BarBQ, Island Shrimp Company, Jimmy John's, Little Tokyo, Nestle Toll House Café, Nutty Bavarian, Qdoba Mexican Eats, & Red Robin

\$10-15 estimated

DAY 2

Lunch at Eat at National Place

Food Options:

Esprinto Café, Five Guys, Grill Kabob, Kabuki Sushi & Teriyaki, Moe's Southwest Grill, Slice of Italy Pizzeria, TaKorean Korean Taco Grill

\$10-15 estimated

DAY 3

Lunch at Smithsonian Museum Food Courts or Outside Food Trucks

Food Options:

American History Museum

- *Eat at America's Table (burgers, BBQ, sandwiches, salads)*
- *Jazz Café (sandwiches, salads, soups, ice cream, pastries)*

Natural History Museum

- *Atrium Café (burgers, BBQ, flatbreads, pastas)*
- *Ocean Terrace Café (grain bowl, sandwiches, pastries)*

Air & Space Museum (Food Court Under Renovation)

African American Museum

- *Sweet Home Café (down home cooking)*

\$10-15 estimated

***I encourage you NOT to eat at Chain Restaurants that are available in our area!!!
EAT LOCAL!!!***

DAY 4

Dinner in Times Square area

\$15-30 estimated

Shake Shack (Burgers)
Xi'an Famous Foods (Homemade Chinese Noodles)
Gray Papaya (Hot Dogs)
The Halal Guys (Middle Eastern)
Junior's (Deli Sandwiches & Famous Cheesecake)
John's Pizzeria (Pizza)
Carmine's (Italian)

Meals Not Provided – Pay On Your Own

DAY 5

Lunch in Downtown Manhattan

Food Recommendations:

Restaurants

NY-Style Deli

Food Carts & Food Trucks

Unique Fast Food Places

\$15-20 estimated

DAY 6

Lunch in NYC

Food Recommendations:

Restaurants

NY-Style Deli

Food Carts & Food Trucks

Unique Fast Food Places

\$15-20 estimated

DAY 7

Lunch & Dinner On Your Own

Food Recommendations:

Restaurants

NY-Style Deli

Food Carts & Food Trucks

Unique Fast Food Places

\$30-60 estimated

DAY 8

Lunch & Dinner On The Road Home

-Mall Food Courts (about 1 hour each)-

\$20-30 estimated

SUGGESTED AMOUNT NEEDED FOR MEALS

Five (5) Food Court/Cafeteria Style Meals (\$10-\$15 each)

Three (3) New York City Lunches (\$15-\$20 each)

Two (2) New York City Dinners (\$15-30 each)

10 Meals Total – Estimated \$125-\$195

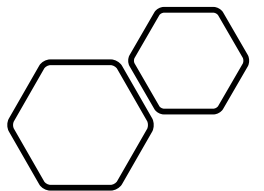




**SUGGESTED AMOUNT
NEEDED FOR SNACKS &
SOUVENIRS**

8 Days at \$12-\$25 per day

Estimated \$100-200 total





Hotel Etiquette & Expectations for Students

Quiet in hallways

No hanging out in hallways or stairwells

Be courteous of other guests

“Stealth” Mode

Not allowed in rooms of opposite sex

Curfew / Room Checks

Opening Doors after Curfew

Quiet time in rooms after curfew

Rooming Lists Distribution via Remind Text

Nightly Monitors Provided at Hotels

Issues???

Wake-Up Calls / Breakfast

Doubletree Hotel - Gaithersburg, MD

Interior Hallways

Checking In Process

22 Miles from Washington Monument

Hot Breakfast Included

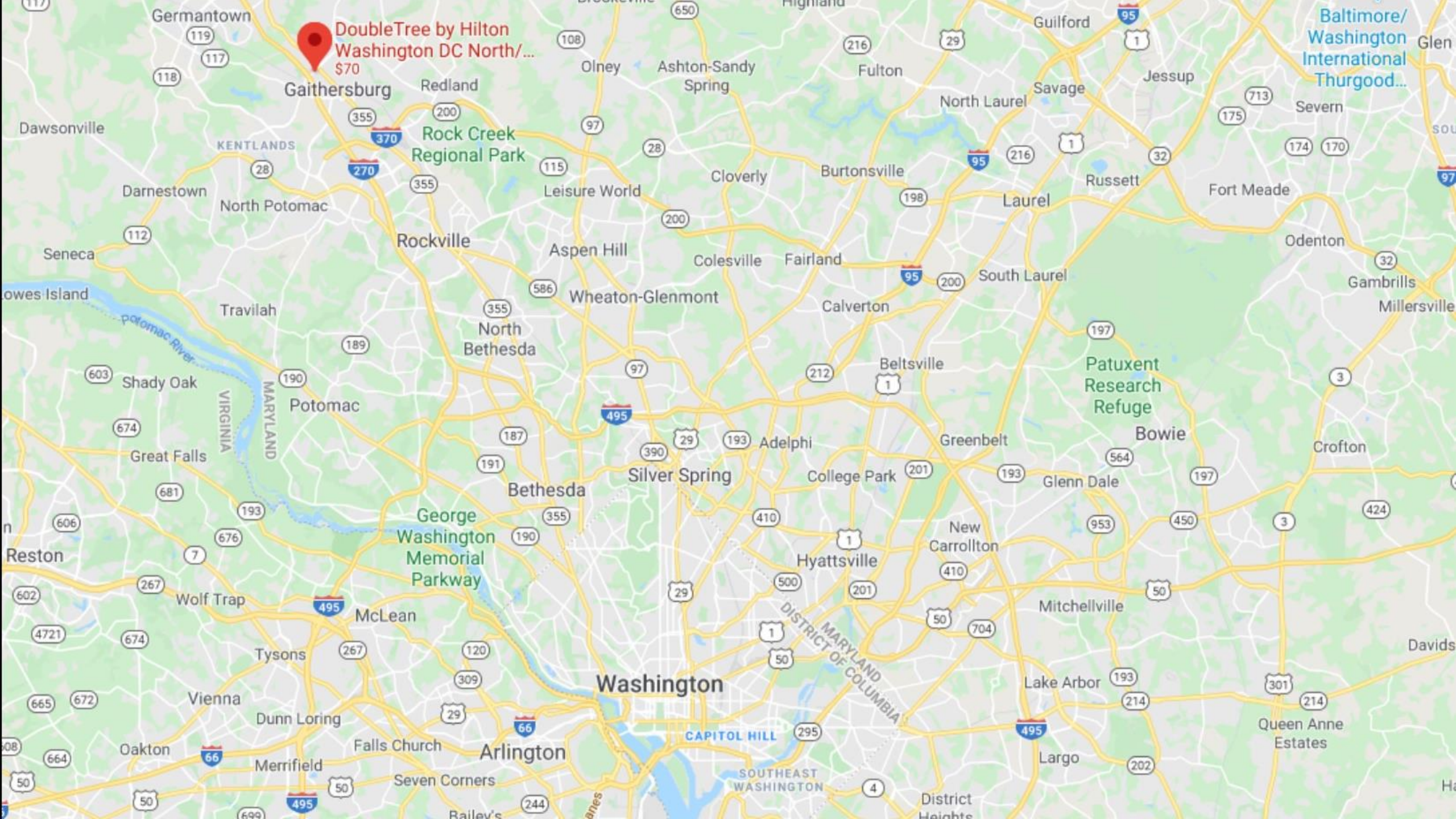
Indoor Swimming Pool *(Bring Swimsuits!)*

Laundry Services located on site

Issues with Your Room?

Starbucks located in the lobby *(can't delay our departures)*





DoubleTree by Hilton
Washington DC North/...
\$70

Rock Creek
Regional Park

Rockville

Aspen Hill

Wheaton-Glenmont

North
Bethesda

Potomac

Bethesda

Silver Spring

College Park

Hyattsville

Washington

Arlington

CAPITOL HILL

SOUTHEAST
WASHINGTON

Patuxent
Research
Refuge

Bowie

Lake Arbor

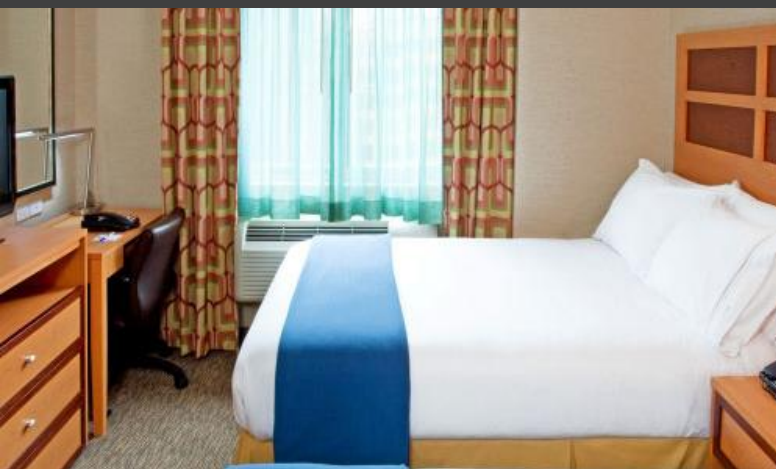
Largo

Queen Anne
Estates

Baltimore/
Washington
International
Thurgood...

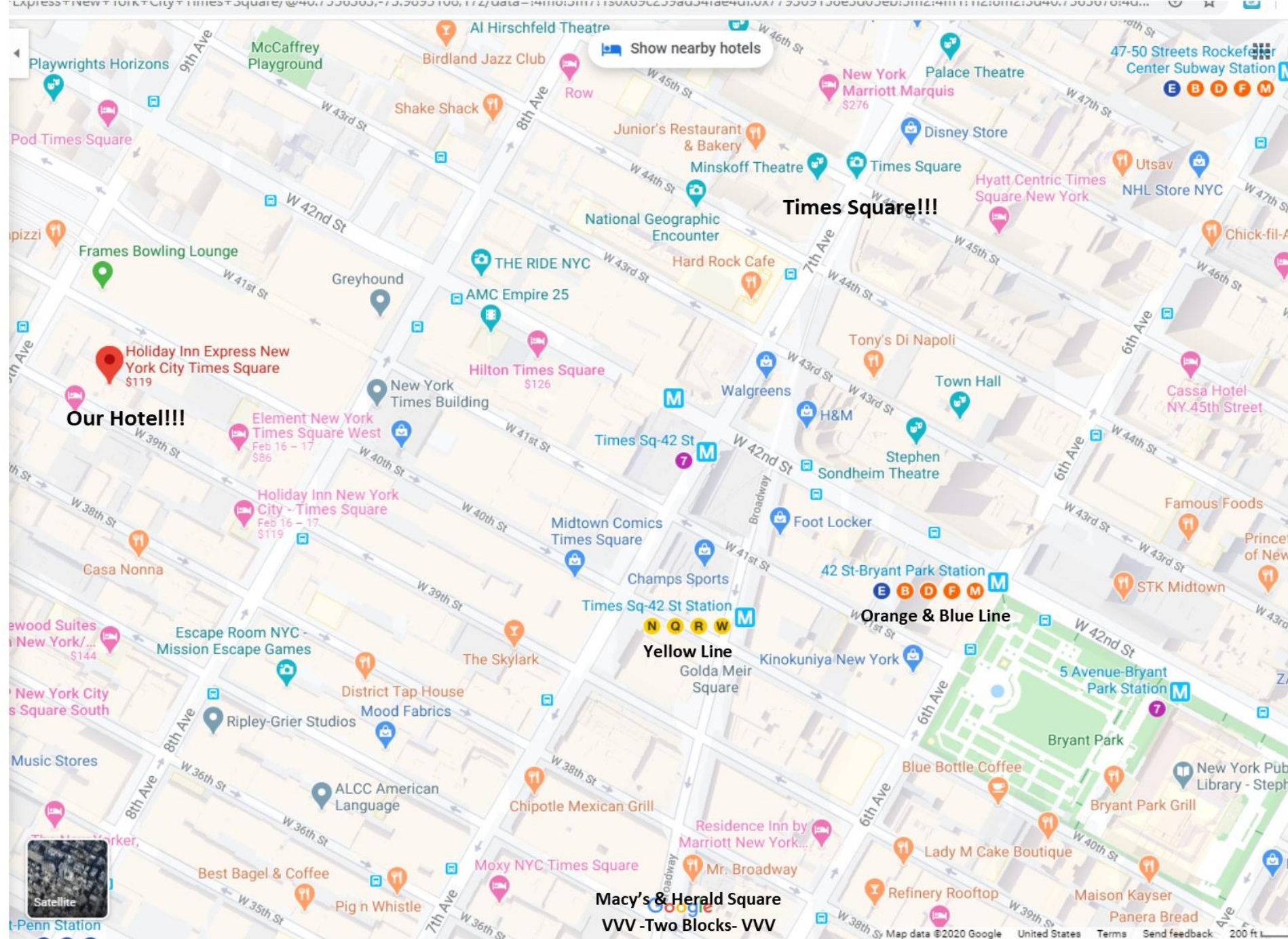


HOLIDAY INN EXPRESS Times Square NYC



- Complimentary Breakfast Buffet
- Small Eating Space
- Elevators (*only 2...somewhat small*)
- Free Coffee & Tea available 24 hours
- Free High-Speed Internet
- Close to Metro Stations (*red line, orange/blue lines*)
- Small Rooms (*typical in NYC*)
- Great location!!!
 - *1 ½ long blocks west & 6 short blocks south from the center of Times Square*

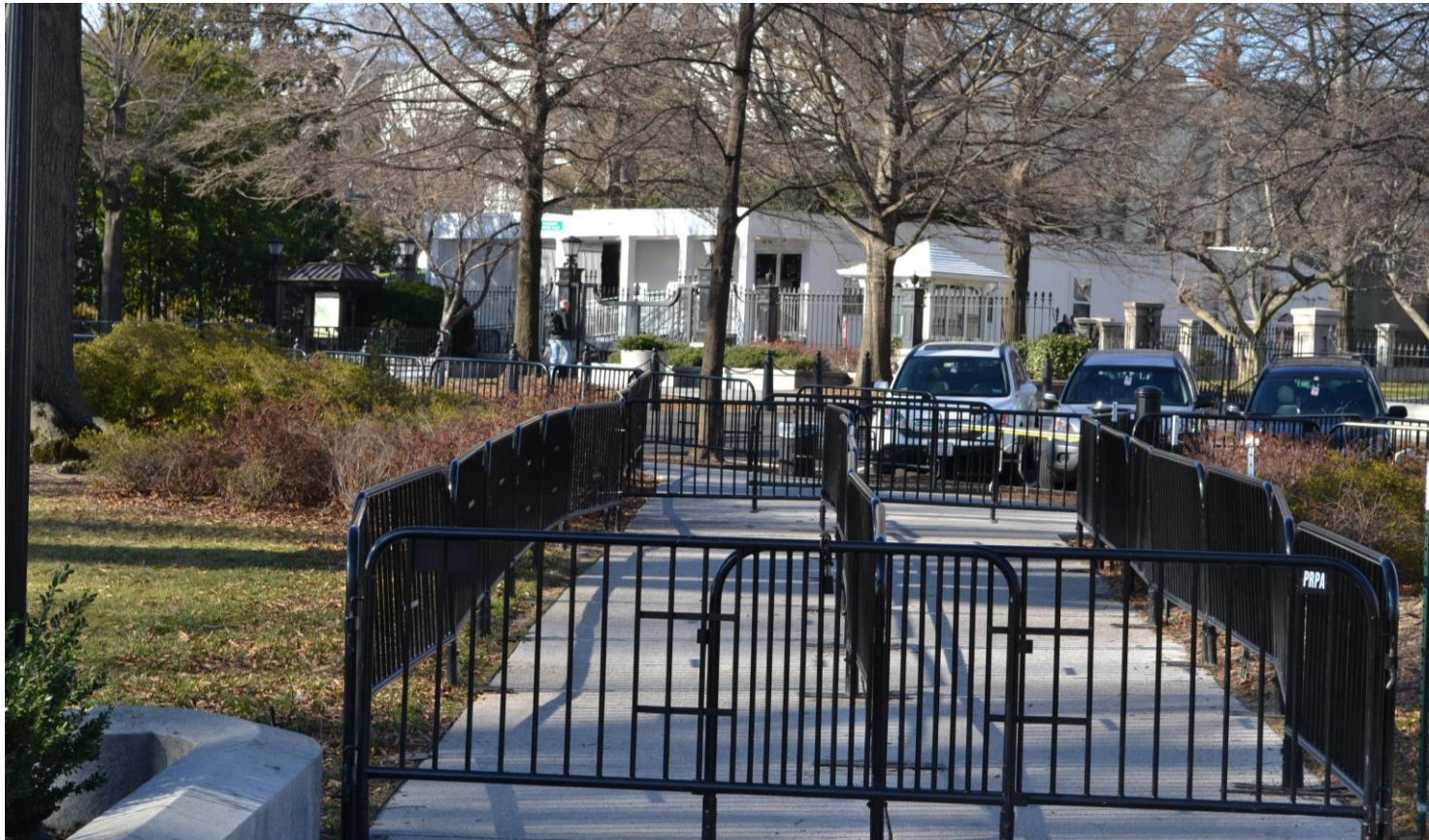






- Students will be given parameters and time frames.
- Students will be required to stay in groups of 3 or more.
- If you get separated from your group...
- Homeless people on the National Mall
- Security checkpoints
- Personal Security (*neck wallets, front pockets, backpacks, etc.*)
- Buses Loading & Unloading
- Utilizing Touring Teams to check roll

Sightseeing Washington DC



Security and Personal Belongings

WHITE HOUSE

Prohibited Items: *Cameras, video recorders, handbags, backpacks, purses, food, beverages, tobacco products, personal grooming items (make-up, lotions, etc.), any pointed objects, aerosol containers, guns, ammo, fireworks, electric stun guns, mace, martial arts weapons, knives.*

Items Allowed: *Umbrellas, cell phones (must be turned “off” OR “airplane mode”), wallets, compact camera.*

No flash photography, live streaming, texting, or talking on cell phones
(phone may be confiscated by US Secret Service).

Guests 18 or older must have government-issued ID *(driver’s license, military ID, or passport)*. Guests 17 & under aren’t required to have ID, however it is recommended.

Security and Personal Belongings

Smithsonian Museums

Metal Detectors

- Many museums have them. Be prepared.

Bags and Baggage

- All bags will be checked
- Encouraged not to bring backpacks OR large bags

Not Allowed

- No sharp items (*knives, scissors, screwdrivers, etc*), weapons, pepper spray/mace, selfie sticks, tripods, etc.



Sightseeing NYC – *The Tour Teams Approach*

- Pre-Arranged Teams – *4 to 10 students with 2 to 5 adults*
- Trip Parents
- Split into Smaller Teams at times
- Common Interests & Attractions
- “Parametered” Free Time
- Contact Cell Phone Numbers
- Recommended Routes & Daily Activities
- Traveling Modes
 - *Walking*
 - *Hop-On, Hop-Off Double-Decker Buses*
 - *NY Metro Subway System*



Security and Personal Belongings

9/11 Museum, 9/11 Memorial, & One World Observatory

Metal Detectors

- All Visitors must pass through the metal detectors.

Bags and Baggage

- Must be smaller than 25x17x9 inches
- Will be x-rayed or hand-checked

Prohibited Items

- Alcohol, animals, demonstrations, glass bottles, littering, paint, smoking, fireworks, powdered substances, liquid soaps, outside food & drinks, weapons, etc.



Getting Around the City

Hop-On Hop-Off Buses

- 3-day passes (*don't lose it...keep them in your neck wallets*)
- Narrated Tours
- Various stops on tour...buses run every 15-30 mins...look for signs!
- Different Tours:
 - Downtown Loop (*2 ½ + hours / 8:30 am- 5:00 pm / 15-20 minutes*)
 - Uptown Loop (*2+ hours / 9:00 am- 4:00 pm / 20-30 minutes*)
 - Brooklyn Loop (*1 ½ + hours / 11:00, 1:00, & 3:00 pm / Catch it by Battery Park*)
 - Nighttime Tour (*1 ½ hours / 6:00 pm-8:00 pm*)
 - Smart Phone App- “New York Sightseeing Tours”





Getting Around the City

NY Metro Subway System



- Largest rapid transit system in the world!!!
- Averages 5.6 million daily rides on weekdays...about 3 million each weekend day!
- Everyone will receive a Metro Card for Subways & Buses *(do not lose!!!)*
- Anxiety??? Questions??? Ask a local, the subway agent, or look at the maps located in the stations. Kids are also usually great at navigating the subway system!
- Can become extremely crowded at rush hour...especially trains exiting midtown!

Typical Weather / How to Dress

Washington DC

- Highs around 59° / Lows around 40° / Showers Possible

New York City

- Highs around 50° / Lows around 35° / Showers Possible



Layer Your Clothing so that you can remove layers as needed. Short sleeve undershirt, long sleeve shirt, jacket/coat, gloves, scarf, hats, etc.

In NYC, a lot of your touring will be done outside!!! In packing, remember that you can re-wear some of the layers (*air-out, Fabreze, wash in the sink & hang dry*).



ITINERARY FOR THE TRIP

AT A GLANCE

- Day 1** **Depart at Night**
- Day 2** **Travel /Arrive in Washington DC**
- Day 3-5** **Sightsee Washington DC**
- Day 5** **Travel / Evening – Arrive in NYC**
- Day 6-8** **Sightsee NYC**
- Day 9** **Depart NYC / Travel day & night**
- Day 10** **Arrive in Milton early AM**

OFFICIAL ITINERARY



- PDF Copy is Available on our Band Website
- Go to www.miltonhighschoolband.com
- Click on “DC/New York Trip Info”
- Select “Band Trip Itinerary” from pull-down menu
- Enter password – mhsband
- Download the PDF File.

Departure Night – Wednesday, March 11

- 
- 7:30 pm – Bandroom Opens
 - *Where to place luggage*
 - 8:30 pm – Call time & Begin Loading
 - *Bus Loading* (luggage, carry-on items, students, etc.)
 - 9:00 pm – Depart for Washington DC!!!
 - *(950 miles / 15 hrs) – (520 miles / 8 hrs + time change to Gastonia, NC)*

Our Schedule (Day 2)

Thursday, March 12

- 7:00 am – Breakfast @ Golden Corral in Gastonia (*included*)
- 8:00 am – Depart for Richmond, VA (*300 miles / 5 ½ hrs*)
- 1:30 pm – Lunch @ Chesterfield Towne Center in Richmond, VA (*\$\$\$ needed*)
- 3:00 pm – Continue to Gaithersburg, MD (*132 miles / 3 hrs*)
- 6:00 pm – Check into Hotel / Meet our Tour Guide
- 7:30 pm – Dinner – Pizza Party at Hotel (*included*)
- 8:30 pm – Rest & Relax for a big day tomorrow.



Our Schedule (Day 3)

Friday, March 13 – Arlington Cemetery / White House Day

- 6:00 am – Breakfast at Hotel
- 7:00 am – Depart for Arlington
- 8:30 am – Visit Arlington National Cemetery
- 11:00 am – Depart Arlington for Lunch
- 11:30 am – Lunch at National Place Food Hall (\$\$\$ *needed*)
- 12:30 pm – Walk to White House Tour Entrance
- 1:00 pm – Tour of White House
- 2:30 pm – Visit National Archives & US Capitol area
- 5:30 pm – Dinner at Chevy's Fresh Mex (*Buffet Meal included*)
- 7:00 pm – Nighttime Tour of Monuments with Tour Guides
- 10:00 pm – Return to Hotel





Our Schedule (Day 4)

Saturday, March 14 – Smithsonian Museum Day

8:00 am – Breakfast at Hotel

9:15 am – Depart for National Mall/Smithsonian Museums

10:00 am – Visit Smithsonian Museums & National Mall area

Lunch on Your Own (\$\$\$ needed)

5:30 pm – Meet at Washington Monument

5:35 pm – Walk to several monuments (*Vietnam Memorial, etc*)

6:45 pm – Buses pick-up and depart for dinner

7:45 pm – Dinner at Buca di Beppo (*Italian Meal included*)

9:00 pm – Return to Hotel / Pack for New York City

Our Schedule (Day 5)

Sunday, March 15 – Mount Vernon & Travel Day

- 
- 7:00 am – Breakfast at Hotel *(included)* / Check out of hotel
 - 8:00 am – Depart for Mt. Vernon
 - 9:15 am - Visit Mt. Vernon (*Mansion Tour @ 9:55 am*)
 - 12:15 pm – Depart Mt. Vernon
 - 1:15 pm - Lunch at Harriet's *(included)*
 - 2:45 pm – Depart for New York City *(240 miles / 4 ½ hrs)*
 - 7:15 pm – Arrive @ Holiday Inn Express Times Square/ Unload buses
 - 8:15 pm – Walk to Times Square / Group Photo Taken at 9:15 pm
 - 8:30 pm – Dinner in Times Square *(\$\$\$ needed)*
 - 11:00 pm – Return to Hotel

Our Schedule (Day 6)

Monday, March 16

6:30-9:30 am – Breakfast at Hotel

8:00 am -Sightsee NYC on Double-Decker Buses – Downtown Tour Only

Lunch on your own (*\$\$\$ Needed*)

2:00 pm – Meet at 9/11 Memorial for Flag Tribute

---Be Sure to visit One World Observatory & 9/11 Museum either before or after our 2:00 pm meeting---

6:30 pm – Meet at Hard Rock Café in Times Square

6:45 pm – Dinner at Hard Rock Café

10:30 pm – All groups back at hotel (*may return earlier if desired*)



Our Schedule (Day 7)

Tuesday, March 17 *Happy St. Patrick's Day!!!*

6:00 am -Visit "Good Morning America" (*optional*)

6:30-9:30 am – Breakfast served @ Hotel

8:30 am - Sightsee NYC on Double-Decker Buses (8:30-3:00)

Lunch or Snack on Your Own (\$\$\$ Needed)

3:15 pm – Return to Hotel for Broadway Show Prep (*Dress Attire*)

4:00 pm – Depart Hotel (*walking*) for Cast Party Dinner at Rowland's

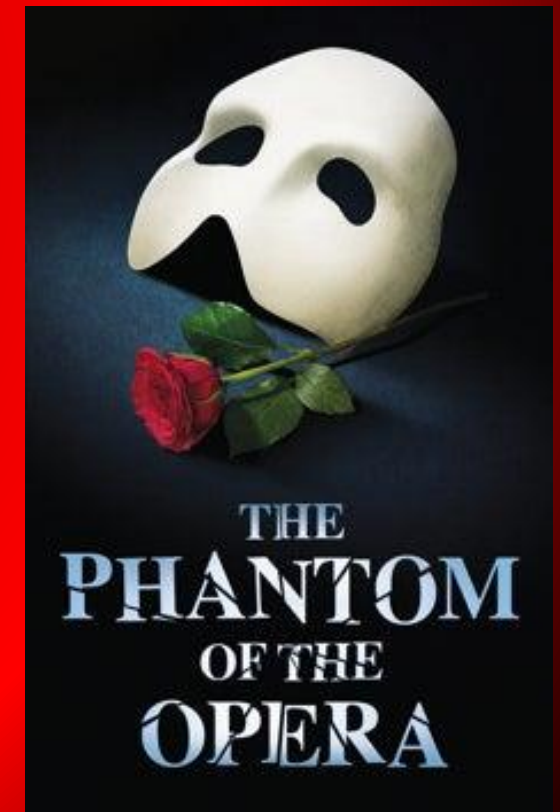
4:30 pm – Cast Party Dinner at Rowland's Bar & Grill in Macy's Herald Square

6:00 pm – Depart for the Majestic Theatre

7:00 pm – Broadway Show – Phantom of the Opera (2 ½ hours)

9:30 pm – End of Show

10:45 pm – Return to Hotel



An aerial night view of the New York City skyline, showing numerous illuminated skyscrapers and buildings. The image is used as a background for a schedule overlay.

Our Schedule (Day 8)

Wednesday, March 18

- 6:30-9:30 am – Breakfast at Hotel
- 8:30 am -Sightsee NYC on Double-Decker Buses (8:30-5:00)
- Lunch / Dinner at Your Own Expense (\$\$\$ needed)
- 6:00 pm – Meet at Pier 83 for Cruise
- 7:00 pm - Harbor Lights Cruise (2 hrs)
- 10:30 pm – Return to hotel / Pack-up

Our Schedule (Day 9)

Thursday, March 19

6:30-8:15 am – Breakfast at Hotel

8:30 am – Check Out and Load Buses

9:00 am – Depart for Milton, Florida (*1,011 miles / 18 hours*)

Stops for lunch, dinner, & restroom breaks along the way (+ 5 hours estimated)



---Estimated to arrive back in Milton around 6:00-7:00 am on Friday, March 20----

Other Important Information:

- **Luggage sizes**
- **Group Photo**
- **Medications**
- **Luggage Tags / Neck Wallets**
- **Budgeting During Your Trip / Old Band Bank**
- **Tour Groups**
- **Pizza Order**
- **Phone Battery Packs & Chargers**
- **“What to Pack” List**
- **\$30 cash for tips/extras due by Monday, March 9**
- **Remind – *Please join our text group!***
 - *Text @mhstrip20 to 81010 or 850-396-0116*
- **9/11 Projects Due Friday**
- **Student Meeting – *Monday, March 9 @ 4:00 pm***
- **Questions???**

We hope that you're excited...

***LET'S GET
READY TO
GO!!!!!!***